

Role of the Home Care Worker

Home care exists to help promote individuals to live independently in their own homes. We employ home care workers to support individuals to maintain the skills they have to continue living their chosen lifestyles. This involves a worker visiting people in their own home for a period of typically between 30 minutes and 1 hour, then travelling to the next person. The individuals we support have varying degrees of ability, some require a lot of assistance and some just need supervision to complete daily activities. The role requires you to support or assist with personal and practical care tasks which are listed below.

Personal Care

- Washing, bathing, showering for both male and female customers
- Dressing
- Haircare
- Dental hygiene
- Assisting with toilet needs and continence products e.g. catheter bags, stoma bags and pads
- Eating and drinking- includes preparation and assisting to eat
- Provide agreed support with medication
- Ensuring comfort- physically, environmentally and emotionally
- Mobility and using mobility equipment

Practical Care

- Shopping/ pension collection and paying bills
- Light cleaning
- Laundry , ironing, bed making and changing
- Emptying rubbish bins
- Emptying and cleaning commodes
- Assisting to care for pets
- Attending appointments
- Ensuring safety and security of customers and their environment

Record Keeping/ written communication

- Completing daily support records, medication charts, accident forms and body maps- at every visit
- Reading and following care plans, risk assessments and manual handling plans
- Reporting concerns both written and verbally
- Having effective verbal and written communication skills

We provide theory and practical based training on both personal and practical care which is carried out in our training room. Our training aims to strengthen the skills you already have and apply them into safe working practices. We also offer further career development and enrolment onto QCF level 2 and 3 (was NVQ) in Health and Social Care.

It is important you understand the role of a home care worker and consider what is involved before you commit.

Responsibilities of the Home Care Worker

- You must protect the rights and promote interests of our customers
- Establish and maintain the trust and confidence of our customers
- Maintain confidentiality of information within the care circle
- Be punctual and staying for the allocated time of each visit
- Encourage service users to do as much as possible for themselves
- Maintain a high standard of work and be accountable for your actions/inactions

Our Homecare values:

- **Dignity & Respect**- *To treat others in the way you would want yourself or a member of your family to be treated*
- **Integrity**- *To be honest with strong moral principles, 'doing the right thing even when nobody is looking'*
- **Commitment**- *A willingness to give your time and energy to something you believe in*
- **Compassion**- *A feeling of wanting to help someone who is sick, hungry or in trouble*
- **Communication**- *A two way information sharing process to reach a mutual understanding, 'no decision about me without me'*

We are looking for individuals who understand, respect and will comply with our values and who want to make a difference to a vulnerable person's life.

Requirements of the role

- We provide 24 hour support 7 days a week including weekends and bank holidays, between the hours of 7am and 11pm (early and late shifts) so flexibility is an essential part of the role.
- You must honour your availability to maintain continuity of care
- Provide appropriate notice for changes in availability including days, times and area of work
- Inform us with appropriate notice of any sickness, absence or holidays
- Your appearance and behaviour should reflect that of a professional individual providing a high standard of care
- If you are relying on your vehicle for work then you must be responsible for its maintenance and ensure it is road worthy
- To keep in contact with your appointed manager to provide updates regarding your work load
- To follow the Care Worker Code of Practice at all times
- To complete timesheets/ electronic monitoring for the visits you attend and complete

The areas we cover are

LE2, LE4, LE5, LE18, LE11 1, LE11 2, LE11 5

Quorn, Mountsorrell, Queniborough, Sileby, Barrow, East Goscote

Pay Rate

Leicester £9.00 +

Lough £9.00 +

Childcare £9.00 +

Villages £9.50 +

Domicialry carers also get 20p per mile

Zero Hours.. can be full time, part time, Nights,

Childcare starts from 6am – 9am then again at 3:30pm -9:30pm

Please send CV's to leicesterhomecare@medacs.com