



## Home Instead Senior Care Live In CAREGiver Job Description

### Objective

To live in a client's home and provide a variety of non-medical services that enhance the quality of their life. To help clients and their families meet the challenges of aging with dignity, pride, care and compassion.

### Primary Responsibilities:

- Provide live in care, usually working alone
- Reflect the core values of Home Instead Senior Care franchise
- Contribute to a positive living environment to enhance a client's quality of life
- As you will be staying in the client's home, you will follow their house rules and be mindful of their need for privacy
- You may be the only person the client sees over a period of time, it is therefore essential to document daily activities and report any changes or causes for concern in a client's needs or living conditions
- You need to be clear about when to seek help and advice to keep clients safe and promote their well-being
- Maintain regular communication with line manager and office staff

### COMPANIONSHIP services which could include, but are not limited to:

- Offer companionship and conversation
- Monitor diet and eating
- Stimulate and encourage through a variety of activities (for example clothing selection, hobbies and crafts)
- Arrange and provide reminders for appointments, activities and outings
- Help with travel arrangements
- Organise mail and write letters
- Assist with walking (lending an arm to steady)
- Accompany to appointments and social events (for example visiting friends or family, lunch, club meetings)

### HOME HELP services which could include, but are not limited to:

- Run errands / collect prescriptions etc
- Performing light housekeeping tasks (dusting, vacuuming, making beds, changing linens, cleaning bathrooms, kitchens, washing and ironing, taking out rubbish, caring for houseplants etc.)
- Organise and tidy cupboards and check food expiry dates
- Plan prepare and tidy away meals
- Answer the door
- Assist with pet care

- Supervise home maintenance
- Help with shopping and oversee home deliveries

**PERSONAL CARE** services which could include, but are not limited to:

- Provide medication reminders
- Help with bathing, dressing and grooming
- Help with continence care
- Assist to eat and drink
- Provide Dementia / Alzheimer care
- Provide respite / convalescence care
- Assist with morning/wake up and or evening/tuck in

### **Secondary Responsibilities:**

- Participate in company sponsored training and social events including CAREGiver meetings
- Report hours according to office policy & communicate changes in availability in a timely manner
- Participate in PEAQ engagement Survey
- Document client information in Client and Life Journal
- May require you to run errands and provide incidental transportation for a client using your vehicle or a client's vehicle
- Perform other reasonable duties as assigned

### **Essential Criteria:**

- Ability to treat and care for clients and their property with dignity and respect
- Ability to adapt to various living environments and locations
- Ability to listen, communicate clearly and build relationships with clients and their families in a friendly and pleasant manner
- Willingness to work and communicate professionally with Home Instead Senior Care office teams and other social and health care professionals
- Respect for people suffering from a range of medical conditions with different backgrounds and beliefs to your own. Commitment to non-discriminatory care practice
- Willing to seek guidance when needed and follow instructions
- Excellent time keeper who is organised and reliable
- Ability to adapt to change quickly and make common sense decisions at short notice
- Good hygiene practice, including personal hygiene and a smart appearance
- Good level of stamina and fitness to meet the physical demands of the job
- This role will require you to obtain an Enhanced Disclosure from the relevant body
- Class I business insurance (if using own car for business purposes)

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To apply email your CV to [Alpa.Chauhan@leicester.gov.uk](mailto:Alpa.Chauhan@leicester.gov.uk)

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